



# Air Quality Flag Program: Quick-Start

Would you like to have a visual way to tell everyone in your organization, school, or community what the air quality will be today? Just fly a flag! The Air Quality Flag Program uses brightly colored flags in the colors of the Air Quality Index to show each day's outdoor air quality forecast.

## Step 1: Get the Flags

Purchase the air quality flags online or seek local support to help you get flags. If you don't have a flag pole, use a hanger or choose another way to show everyone the color for the day.

## Step 2: Share with Your Community

Use newsletters, emails, flyers, and social media to announce your program to the community. Tell everyone about the health impacts of air pollution and about the Air Quality Index colors. Everything you need is at [www.airnow.gov/flag](http://www.airnow.gov/flag).

## Step 3: Fly the Flag

Find your daily flag color [www.airnow.gov/which-flag-do-i-fly/](http://www.airnow.gov/which-flag-do-i-fly/).

Put in your zip code, click GO, and the flag you should fly today will appear on the page.

Tomorrow's flag also appears, so you can prepare for the day ahead.

At [www.airnow.gov](http://www.airnow.gov), you can also find the daily air quality, a smartphone app, a website widget, and a sign-up for emails. All of these will tell you which flag to fly.

### Which Flag Do I Fly?

Zip Code:

Imperial Valley

**Today's Air Quality Forecast**  
**07/30/2015**

Ozone ● Unhealthy for Sensitive Groups  
PM2.5 ● Moderate

Imperial Valley

**Tomorrow's Air Quality Forecast**  
**07/31/2015**

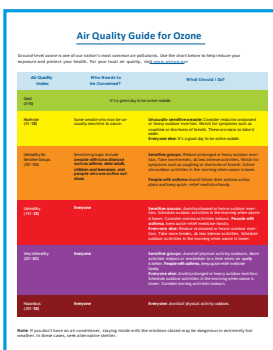
Ozone ● Moderate  
PM2.5 ● Good

## Step 4: Take Action

Everyone is affected when the air is unhealthy -- especially older adults, children and teens, people with asthma or heart conditions, and those who work or exercise outdoors.

Know when to do less intense activities, take more breaks, or go indoors.

These Activity Guidelines will help everyone know what to do. There's one about ozone pollution, one about particle pollution, and one for schools at [www.airnow.gov/activity-guidance](http://www.airnow.gov/activity-guidance).



## Learn More

This information and more can be found on the Air Quality Flag Program website: [www.airnow.gov/flag](http://www.airnow.gov/flag).

**Register** your program on the website to get important updates and an official certificate.